

CYBER ESSENTIALS CASE STUDY

ABOUT WORKPLACE WELLNESS

Workplace Wellness delivers occupational health services to national and local businesses, including government organisations and European employers.

Every day, the team processes sensitive health data, which is classified under UK GDPR as requiring special protection. With a legal duty of care to safeguard this information, Workplace Wellness sought robust measures to ensure confidentiality and security.

THE IMPORTANCE

Handling health data means Workplace Wellness faces strict legal and ethical responsibilities.

Cyber Essentials, as a UK government-backed scheme, offers confidence that the business is protected against the most common cyber threats.

Achieving certification brings tangible improvements to security and demonstrates a commitment to client data protection.

We spoke with Jackie Parker, Managing Director of Workplace Wellness, to learn more about their experience working with us.

BEFORE SYSTEMAGIC

We have been partnered with Systemagic for over a decade.

Prior to this, we worked with a different IT provider and experienced a near miss with a ransomware attack, prompting the switch to Systemagic and our initial engagement with Cyber Essentials.

GUIDED PASS SERVICE

Systemagic's 'Guided Pass' provides a reliable, consistent, and personalised service, which enabled us to achieve Cyber Essentials certification with minimal fuss.

Having worked with Systemagic for over a decade, we had full confidence in the team's thoroughness and expertise.

Systemagic's team, led by Jerry, meticulously checked every aspect of the Cyber Essentials process. Their approach was patient and supportive, especially important for a team that doesn't consider itself IT literate.

No question was too trivial, and everything was explained clearly and kindly. Regular communication throughout the process provided reassurance and clarity, ensuring we always knew what stage they were at.

RESULT & IMPACT

We're proud to have successfully achieved Cyber Essentials certification. The team feels reassured by this accreditation and makes sure clients are aware of our commitment to security.

Certification has also changed how the team thinks about cybersecurity, increasing awareness of threats like phishing and weak passwords.

Staff are now more proficient at spotting phishing attempts and maintaining good security habits.

WOULD YOU RECOMMEND SYSTEMAGIC?

"Absolutely. Workplace Wellness wholeheartedly recommends Systemagic and their guided pass service.

It helps businesses identify and address vulnerabilities that might otherwise be missed, demonstrates integrity and reliability, and serves as a badge of credibility for clients."

Jackie Parker - Managing Director